

walks around

# Buxton

— a fascinating cultural heritage —



Buxton is a charming and historic town surrounded by beautiful countryside with plenty to offer visitors, from its stunning architecture and thermal springs to outdoor activities and cultural events



more info: [www.buxtontownteam.org](http://www.buxtontownteam.org)

# Woo Dale Circular Walk

Distance: **10 miles / 3 1/2 hours approx.**  
Going: Mostly field tracks  
Pace: Moderate walking with a steep downhill section and several stiles.

**A lovely circular walk exploring this little-known dale. A fairly easy walk with one steep descent as you leave the regally sounding village of King Sterndale.**

- 1 From the station turn right and cross the road at the pedestrian crossing on the left. Continue down Station Approach and pass the taxi rank. Cross Terrace Road at the pedestrian crossing and continue straight ahead past Cavendish Arcade, formerly the Thermal Baths, and Turner's Memorial.
- 2 Continue past the Crescent hotel on the right and the Pump Room and St Ann's Well on the left. At the end of the buildings cross The Square and continue along Broad Walk. At the end of Broad Walk cross Burlington Road and turn left. Cross Macclesfield Road at the pedestrian crossing and continue along College Road on the left. At the end of College Road cross Green Lane and continue along the sign posted lane directly opposite.
- 3 At the end of the lane cross the field keeping to the right. Turn right onto the tarmac road and turn left after the cattlegrid and continue along the grass path and enter Sherbrook wood. Follow the path to the left after crossing over the bridge. Go through the gate at the end of the path which takes you directly onto the busy road at Harpur Hill. Cross the road and turn left. Cross the A515 and turn onto Dukes Drive.



- 4 Continue along Dukes Drive and take the sign posted bridleway on the right. Continue along the bridleway and go through the gate on the left. Continue along the grassy footpath and through the gate and follow the path round to the right passing the caravan park on the left. Continue across the field to the stile in the left-hand corner of the field next to the caravan park. Continue along the path and enter the caravan park passing the farm shop on the left. Go through the gate and take the grassy track straight ahead. Go through the next gate and continue along the path keeping the wall to the left.
- 5 Continue through the gate keeping the farm buildings to the left and proceed straight ahead following the signed footpath. Continue over the stile and head down the left side of the field keeping the wall on the left. Continue over the stile and follow the grass path across the field towards the farm buildings. At the end of the path go through the gate and over the stile in the wall opposite. Continue along the path past the house on the right and through the gap in the wall as you enter the village of Cowdale.
- 6 Continue to the right and on the left just before the bench cross over the wall into the field using the steps in the wall. Cross and at the end of the farm buildings go through the gate in the wall and continue across the field keeping the wall on the left.



- 7 Go through the gate and follow the faint path across the field keeping the wall on the left. At the end of the fencing go through the gate in the wall and enter the field. Follow the grass path keeping the wire fence on the right towards the house ahead. Continue through the gate and turn left passing the church towards the village of King Sterndale.



- 8 Enter the village and continue ahead taking the path past the Old Barn on the left and the memorial on the right. Continue down the stony track signed unsuitable for motors. Take the signed footpath to the right over the stile. This is a very steep descent to the railway line. Cross the railway line and the A6 with care. Take the signed bridleway opposite across the bridge, through the gate and continue along the signed footpath to the left along the dale.
- 9 At the end of the dale continue through the gate and along the grass path. Go through another gate and join the path coming from the left. At the end of the path cross Redgap Lane keeping Bailey Flatt Farm to the left and go through the gate in the wall.
- 10 Take the grass path along the field keeping the wall to the left. Go over the stile in the wall and then through the gate in the wall diagonally opposite. Go through the next gate in the wall diagonally opposite and immediately over the stile in the wall. Follow the grass path downhill keeping the rocky outcrop to the left and go over the stile and continue to follow the rocky outcrop until you reach the path at the bottom of the hill.
- 11 Turn right along the path and pass through a stile onto Dale Lane. Passing the allotments on your right, follow the lane around to the left and up the hill. Turn right onto Ashwood Road, exiting next to the 19Th Hole pub, and turn left onto Waterswallows Road.
- 12 At the end of the road turn left onto the A6 Fairfield Road and cross over to follow St Peter's Road past the church on your right. Bearing left take the signposted path on the right. At the end of the path turn left along Nunsfield Road ignoring the footpath opposite. At the end of the road cross Lightwood Road and proceed onto Charles Street directly opposite. Continue along Charles Street under the two railway bridges. At the end of the street turn right and proceed along Station Road to return to the train station.



# Buxton Heritage Trail

Distance: **1.6 miles / Allow 1 hour or longer**  
as you explore the history of Buxton

Going: Firm paths

Pace: Easy with some uphill sections.

**Explore Buxton's historic buildings and places following the Buxton Heritage Trail. QR Codes providing interactive content are available along the way and in local businesses subject to opening times.**



- 1 From the station turn right and cross the road at the pedestrian crossing on the left. Continue down Station Approach and pass the taxi rank. Cross Terrace Road at the pedestrian crossing and continue straight ahead past the Thermal Baths and Turner's memorial. Continue straight ahead past Cavendish Arcade, formerly the Thermal Baths, and Turner's Memorial. Continue towards The Crescent Hotel on your right and enter The Pump Room to your left and ask for the QR Code. Once you have sampled some fresh spring water from the well, cross the road into The Cavendish Arcade. This was once the Buxton Baths, and many features remain amongst the quirky independent shops. Find out more in Charlotte's Coffee shop with the next QR Code.
- 2 Turn right as you leave the arcade and walk through the Crescent colonnade where you will find the next QR Code explaining the history of the Crescent Hotel in the window of the Buxton Crescent Experience. Continue past the Natural Mineral Baths and the Old Hall Hotel on your right. At the end of the building turn right to enter the Old Hall Hotel. The Old Hall is one of the oldest operating hotels in the UK and you will find the next QR code at the hotel reception telling you more about the history of the building.
- 3 Turning right as you exit the hotel the famous Frank Matcham Opera House is ahead of you. The next QR Code is at the Box Office where you can find out more about the history of this building. Behind the Opera House is St. Johns church built in 1807, the Tuscan style belltower is particularly impressive. You can scan the QR code on the church noticeboard or behind the bar of the Old Club House pub opposite the Opera House.
- 4 Return to the Opera House and you will notice across the street one of just a few remaining Penfold post boxes from 1867. There is evidence of Roman settlements in this area and the river Wye is running in a culvert under your feet. You can find out more about the Wye in the Buxton Tap House on Water Street. Bar Rene, situated a couple of doors down, is the location of the next QR Code. Bar Rene is in the Old Courthouse, a building with a fascinating past.
- 5 Outside the Old Courthouse you will see the imposing Devonshire Dome across the street. Walk up Devonshire Road where the Dome is usually open to the public. More information on the history of this important building is available at the reception desk or the spa reception located at the side of the building.
- 6 Retrace your route down Devonshire Road and turn left at the bottom, you will be heading back towards Buxton's railway station and the Grade II listed Fan Window. There is a display about the history of rail in Buxton on the station platform.
- 7 Cross over at the pedestrian crossing and head down Station Approach keeping left under the covered walkway into Spring Gardens. The QR Code in Appleyards Tobacconist tells the story of the Children's Well. For some retail therapy, explore as far along Spring Gardens as you like but resume this walk between Greggs and Argos facing uphill towards Hardwick Mount. Follow the inside curve of the banking to the right and you will arrive at Potters Department Store. Potters is a Buxton institution and on the first floor they have a wall dedicated to the history of their business. They also have the QR code with more information on the history of the Slopes which is your next stop.
- 8 If you have visited Potters, you will know by now that the Slopes were constructed with exercise in mind. Use the pedestrian crossing into the grassed area. There is no direct route to the top of the Slopes so walk upwards and at the top is Buxton's Grade II listed Town Hall, built in 1889 as a replacement for the former market hall. Continue to the Market Place, behind the town hall and the QR code telling the history of this, the highest marketplace in England is located at the counter in the Lighthouse charity shop. Continue to the Market Place located behind the Town Hall.
- 9 Use the pedestrian crossing close to the New Inn and turn left towards Buxton Museum & Art Gallery and the Green Man Art Gallery. Both buildings have a rich historical link to Buxton's spa history and the next QR code is available at reception of the Green Man Gallery.
- 10 Return to the Market Place and continue along the High Street until you reach Scrivener's Bookstore on the right just past the junction with Bath Road. This bookshop is another local institution. It contains a tiny museum downstairs and five floors of books covering many topics.
- 11 Turn left as you exit Scrivener's and walk left around The Swan Inn into Bath Road. Behind the pub you will find St. Annes Church, one of the oldest buildings in Buxton where the QR code is on the notice board. Continue along Bath Road and as you come down hill note the pretty terrace of townhouses.
- 12 Cross over at the bottom of the road taking a sharp right into Pavilion Gardens. Here you will find a boating lake, miniature railway rides and children's park. Explore the gardens and end your walk at the Pavilion where the QR Code is on the noticeboard inside the main doors. You can find your way back to the Pump Room by proceeding along the promenade, through the gates at the Opera House and retrace your route to the Pump Room and the train station.

# Lightwood Old Reservoir

Distance: **3 miles / 1 hour approx.**

Going: Firm paths and tracks

Pace: Easy walking with uphill sections, pushchair friendly

**Home of the Buxton Pure Life water source bottled at the nearby factory.**

- 1** From the station turn right and right again onto Palace Road. Continue along Palace Road taking a left turn onto Lascelles Road. Take the sign posted path immediately after house number 5. Proceed along the path until you reach Marlborough Road.
- 2** At the end of the path turn right onto Marlborough Road. Continue to the end of Marlborough Road and turn right onto Corbar Road. At the end of Corbar Road turn left onto Lightwood Road. Continue along Lightwood Road until the road becomes a track.
- 3** Continue along the track into the wood. Continue past the pumping house on the right. Continue along the track and follow the path as it bends to the right. Once you reach the end of the track at the wall continue to explore the area along the more strenuous tracks. Retrace the route to return to Lightwood Road.
- 4** Continue along Lightwood Road, passing Corbar Road on the right. Immediately before the railway bridge take the signed footpath to the right. Continue along the path behind the houses and next to the railway line. At the end of the path turn left and left again to the entrance of the railway station.



# Brown Edge Circular Walk

Distance: **2.3 miles / 1 hour approx.**

Going: Firm paths and cross field tracks

Pace: Moderate walking with uphill sections and two stiles

## A lovely circular walk with two possible extension walks.

- 1** From the station turn right and right again onto Palace Road. Continue along Palace Road taking a left turn onto Lascelles Road. Take the sign posted path immediately after house number 5. At the end of the path turn right onto Marlborough Road.
- 2** Continue to the end of Marlborough Road and turn right onto Corbar Road. At this point you can extend this walk by joining the Corbar Wood walk and/or the Lightwood Old Reservoir walk.
- 3** At the end of Corbar Road turn right onto Lightwood Road. Continue along Lightwood Road and turn left onto Brown Edge Road. Continue along Brown Edge Road and take the signed footpath on the right after house number 190.
- 4** Go through the stile and follow the path and head down the field to the gate at the bottom left corner. Go through the gate and take care when crossing the railway line.
- 5** Continue across the field following the footpath. Continue along the tarmac path towards the gate. Climb over the stile on the right of the gate and continue straight ahead past the farm buildings on the left. At the end of the wall take the path to the right across the golf course keeping the wall on the right. At the end of the golf course turn left onto the tarmac path and take the first path immediately on the right.
- 6** Proceed along the path past the church on the left. Pass St Peter's Hall on the left keeping to the right. As you approach Fairfield Road take the sign posted path on the right. At the end of the path turn left along Nunsfield Road ignoring the footpath opposite. At the end of the road cross Lightwood Road and proceed onto Charles Street directly opposite. Continue along Charles Street under the two railway bridges. At the end of the street turn right and proceed along Station Road to return to the train station.

# Burbage Edge Circular Walk

Distance: **7 miles / 3 hours approx. Can be made shorter.**  
Going: Mostly field tracks, boggy in places.  
Pace: Moderate walking with uphill sections and three stiles.

**A lovely moorland circular walk which will take you past the Burbage Edge trig point and reward you with great views of Buxton.**

- 1 From the station turn right and cross the road at the pedestrian crossing on the left. Continue down Station Approach and pass the taxi rank. Cross Terrace Road at the pedestrian crossing and continue straight ahead past Cavendish Arcade, formerly the Thermal Baths, and Turner's Memorial.
- 2 Continue past the Crescent hotel on the right and the Pump Room and St Ann's Well on the left. At the end of the buildings cross The Square and enter the Pavilion Gardens. Continue ahead and take the path to the right across the bridge. Take the path to the left and exit the gardens at Burlington Road.
- 3 Cross Burlington Road and enter the Serpentine walks opposite. Continue along the path keeping the river to the right. Continue up the slope to St John's Road. Cross St John's Road and continue left along the road. As the road bends round to the left turn right onto Bishops Lane. After about half a mile take the signed footpath up the lane on the left just before the stone gate posts.
- 4 Turn left through the stile at Plex Farm, cross the yard following the small footpath signs to the side of the building and through the gate on the left. Pass the duck pond on the left and through the gate on the right. Follow the footpath along the bottom of the field and cross the stile at the far-left corner to enter Shay Lodge Wood. Follow the path through the trees to the gate in the wall opposite. Continue across the field to the top left corner keeping the wall on the left and cross the stile which is a series of steps.
- 5 Continue following the path keeping the wall on the left. Go through the gate and cross the field towards the farm buildings. Go through the gap in the wall at the side of the farm building and through the gap in the next wall, cross the farmyard and continue along the path straight ahead.
- 6 Continue to Macclesfield Old Road. If you want to make the walk shorter turn left along Macclesfield Old Road. At the traffic lights continue along St John's Road and retrace the route to the train station.
- 7 To continue the walk, turn right on Macclesfield Old Road and continue uphill as the tarmac path becomes a wide track. Follow the signed footpath on the right through the gate and head up the slope turning diagonally right at the corner of the stone wall. Follow the narrow path as it slopes down and then up, towards a small gate beside a tree on the horizon. Turn right through the gate, keeping the wall on the right. This part of the walk is Burbage Edge, with wonderful views over Buxton. It can be boggy in places.
- 8 Keep the wall on the right and you eventually pass the trig point at the highest spot on the ridge. Continue and go through the gate on the right and follow the faint path as it winds across the open moorland to the right, and then the left. Continue along the path until you meet another path joining from the left identified by a pile of stones. Take the path to the right. Continue along the path and go through the small gate in the stone wall, following the path first to the right, and then left, until you come to a series of steps. If you want to make the walk shorter turn to the right at the foot of the steps and continue down Bishops Lane and retrace the route to the train station.
- 9 To continue the walk, turn left at the foot of the steps and head up the narrow lane past the farm buildings on the left. Continue through the gate and along the private road. Follow the path to the right in front of the houses and through the gate and then through another gate at the right-hand corner of the garden. Follow the path down the slope, keeping the wall on the right. Continue through the gate into the farmyard and through the next gate taking the footpath to the right. At the end of the path turn right past the static caravan and continue until you reach the gate.
- 10 Go through the gate and follow the designated path across the golf course. Follow the path keeping the club house to the left at the tarmac road take the footpath to the right past Gadley Wood. Continue across the bridge and up the road ahead turning left at the signposted path after the last house on the left. Cross St John's Road back to the Serpentine walks and retrace the route to the train station.



For more walks in the Goyt Valley  
visit <https://www.goyt-valley.org.uk>

# Solomon's Temple Circular Walk

Distance: **2 miles / 50 mins approx.**

Going: Firm and woodland paths

Pace: Moderate walking with uphill sections and steep inclines

**Explore the Victorian Folly on the summit of Grin Low hill and enjoy some spectacular views across Buxton.**

- 1** From the station turn right and cross the road at the pedestrian crossing on the left. Continue down Station Approach and pass the taxi rank. Cross Terrace Road at the pedestrian crossing and continue straight ahead past Cavendish Arcade, formerly the Thermal Baths, and Turner's Memorial. Continue past the Crescent hotel on the right and the Pump Room and St Ann's Well on the left. At the end of the buildings cross The Square and continue along Broad Walk or alternatively enter the Pavilion Gardens and keeping Broad Walk to the left exit the gardens at the end of Broad Walk. Cross Burlington Road and turn left and cross Macclesfield Road at the pedestrian crossing.
- 2** Continue ahead and proceed along Temple Road. As Temple Road becomes Mill Dale Avenue take the turning to the left which is also Temple Road. At the junction cross Green Lane and enter Poole's Cavern and Buxton Country Park. Keeping the visitor centre on the right continue along the tarmac path and take the steps to the right. At the top of the steps turn left signed Solomon's Temple. Continue along this path ignoring the paths that go off to the left. If you have time, it is worth exploring these paths. At the end of the path go through the gate in the wall and head towards the Temple.
- 3** At the Temple continue in the same direction and follow the grass path down the slope towards the trees on the left. Clamber down the slope and enter the wood through the gate turning right along the path through the trees. Continue across the wall and clamber down the slope ahead. Continue through the gap in the wall and down the grassy path. Continue along the path as it turns to the left and through the fence and follow the path between the two horse paddocks and through the gate at the end of the path. Continue along the stony path to the riding stables.
- 4** Continue to the left around the stables and past the stable yard until you reach the tarmac path past the hens and pigs. Turn left onto the path and continue until you cross the cattle grid and past the houses. At the end of the houses on your left turn left across the field and head for the bottom left corner. Go through the gate and continue to the end of the path. Cross Green Lane and continue along College Road opposite. At the end of College Road return to Broad Walk and retrace your route back to the train station.



# Corbar Cross

Distance: **2 miles / 50 mins approx.**  
Going: Firm and woodland paths  
Pace: Moderate walking with uphill section and steep inclines

**Discover the beauty of Corbar Woods.  
If you do this walk in April or May, you will  
be greeted by an abundance of bluebells.**



- 1** From the station turn right and right again onto Palace Road. Continue along Palace Road taking a left turn onto Lascelles Road. Take the sign posted path immediately after house number 5. Proceed along the path until you reach Marlborough Road.
- 2** At the end of the path turn right onto Marlborough Road. Continue to the end of Marlborough Road and turn right onto Corbar Road. Cross Marlborough Road and take the first turning on the left signposted Corbar Wood private lane. Continue past house number 37 and the entrance to the wood is on the right.
- 3** Proceed along the path up a steep incline. Follow the path around to the left where it levels out. Continue to follow the path to the right up a steep incline. Continue up the path keeping the fairy door and table on the left. Continue up the steep incline of steps. At the top go through the gate in the wall and proceed towards Corbar Cross.
- 4** Alternatively, if you want to avoid the steep climb continue along the path keeping the fairy door and table on the right. Continue along the path round to the right climbing steadily. As the path evens out look for a gate in the wall and proceed towards Corbar Cross. Follow the path around to the right and then to the left to reach the cross.
- 5** Continue along the path until you come to a fork and take the path to the left keeping the houses on the right and retrace the route back to the entrance of the wood.
- 6** Turn left along Corbar Road and continue until you reach Lightwood Road. Turn right onto Lightwood Road and immediately before the railway bridge take the signed footpath to the right. Continue along the path behind the houses and next to the railway line. At the end of the path turn left and left again to the entrance of the railway station.





**Buxton is a charming and historic town surrounded by beautiful countryside with plenty to offer visitors, from its stunning architecture and thermal springs to outdoor activities and cultural events.**

Buxton is a picturesque town known for its stunning natural scenery, historic architecture and cultural attractions. Located in the heart of the Peak District National Park it is famous for its thermal springs, which were first discovered by the Romans who built a settlement in the area. The town has a long history as a spa destination, with the Georgian and Victorian architecture in the town centre reflecting its past as a fashionable resort.

Buxton has plenty to offer visitors, notably the Buxton Opera House, which was built in 1903 and is a Grade II listed building. The town is also home to the Pavilion Gardens, a 23-acre public park that was opened in 1871 and features beautiful gardens, a lake, and a conservatory. Other attractions include the Crescent Heritage Visitor Experience, Poole's Cavern, The Devonshire Dome and the Crescent. Other activities include hiking and cycling.

For more information on Buxton,  
please visit the website:

**[www.buxtontownteam.org](http://www.buxtontownteam.org)**

