

Cycling Around Hope Valley ROUTE 1



Abney and Eyam Loop

Highs and lows around Hathersage

1. Leaving the station TL on the main road under the railway bridge.
2. After crossing the River Derwent TR to Abney and the Gliding Club at the Plough PH (take care crossing road).
3. Continue uphill, passing through Abney and past the gliding club and continue to T-jct, TR.
4. Continue downhill then TL (signpost Grindlow).
5. TL at T-jct towards Foolow.
6. Pass the Bulls Head PH in the centre of Foolow and continue to the village of Eyam. TL after the school.
7. Bear L at the T-jct in the direction of Riley Graves.
8. Continue straight on where the road is closed to motor and horse drawn vehicles.
9. TL at the T-jct (B6001) Take care as busy road.
10. In Grindleford TL uphill (signpost Hathersage) on the B6001. Take care as busy road. TR back to Hathersage railway station.

Start/End Point: Hathersage station S32 1DT

Distance: 22.5km/14miles

Ascent: 376m/1233ft

Grade: Moderate

100% road

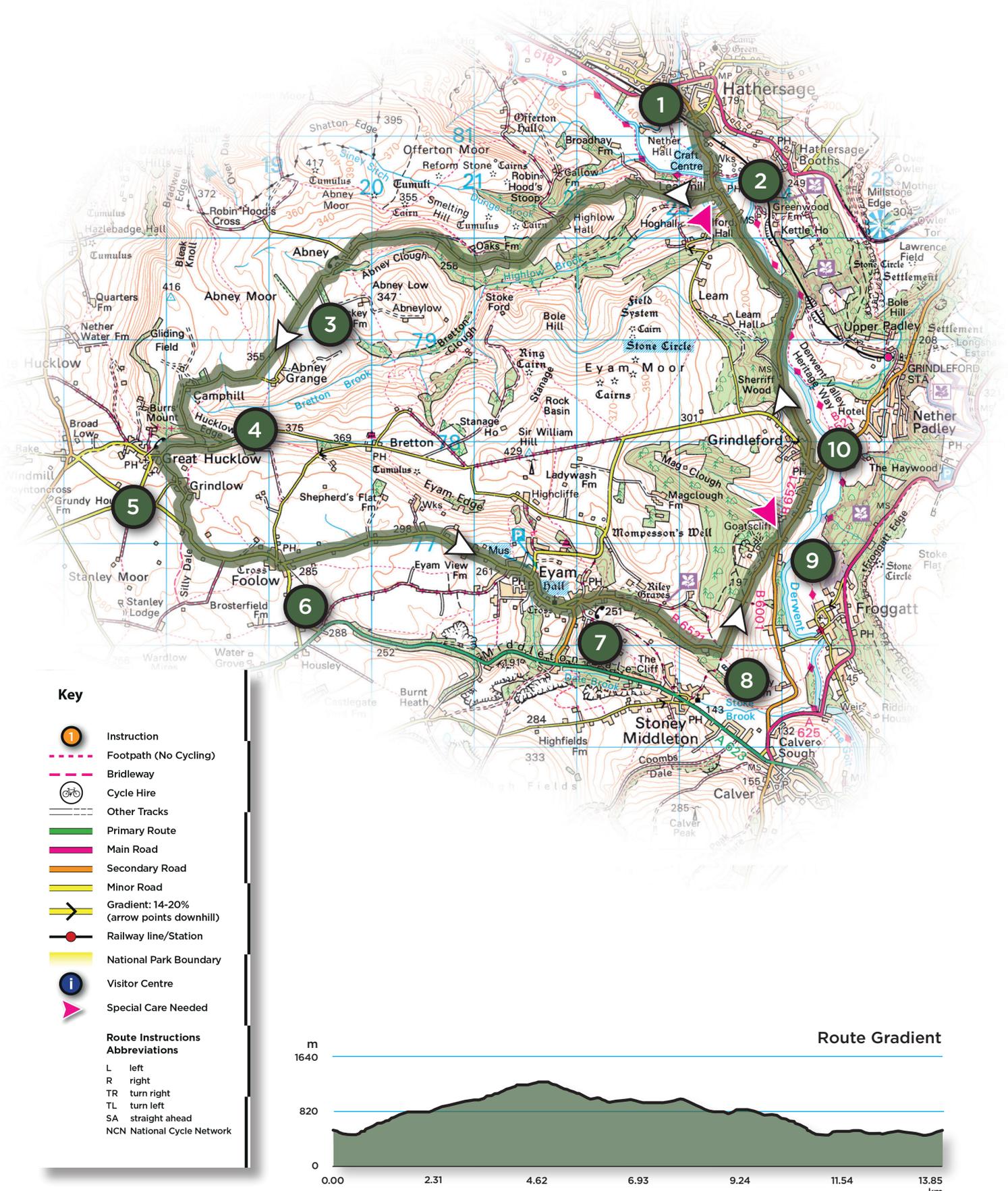
Cafes: Hathersage, Eyam

Pubs: Hathersage, Great Hucklow, Foolow, Eyam, Grindleford

Shops: Hathersage, Eyam, Grindleford

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Disclaimer:

All routes are followed at a rider's own risk. These routes are intended to be general guides; please observe all road signs, waymarks and other specific on-route instructions. Neither the PDNPA nor partners can be held responsible for any errors or consequences that arise from using this route information.

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