

# Cycling Around Ashbourne

# ROUTE 2



## Manifold Valley, Hills and Dales

**Cycle through traditional villages and hilly limestone countryside**

1. From Parsley Hay car park TL onto trail and shortly afterwards take the R fork where the trail splits. Continue to car park at former Alsop station.
2. Leave the trail here and cross the A515 (take care, busy road) onto an unnamed country lane. Descend a steep hill to a T-junction. TR and descend steeply to cross the river bridge.
3. TL to Milldale. Follow road through Milldale then up a gentle hill past the car park.
4. At a junction by the Watts Russell pub TL to Wetton and stay on this road uphill through Wetton, avoiding all side turns. Pass the Olde Royal Oak pub and cafe, then TR at end of village. Descend to Wetton Mill.
5. TR onto the 3 tonne weight-limited road. Pass the cafe at Wetton Mill and go through a tunnel (lights needed, beware cars), then continue SA on a (mostly) traffic free trail.
6. At Hulme End visitor centre/café, TR onto road initially following NCN Route 549 then remain on B5054 to Hartington.
7. In Hartington TL and pass duck pond on gated lane to Pilsbury (beware cattle grids). There's a very steep ascent after the sixth gate then a gentle descent to a crossroads. Continue SA on Route 549.
8. Just before a bridge over the road, fork L and go up a steep path to join the Tissington Trail. TR to Parsley Hay cycle hire centre.

**Start/End Point:** Parsley Hay Cycle Hire SK17 ODG

**Distance:** 33.5km/ 21 miles

**Ascent:** 850m/2789 ft

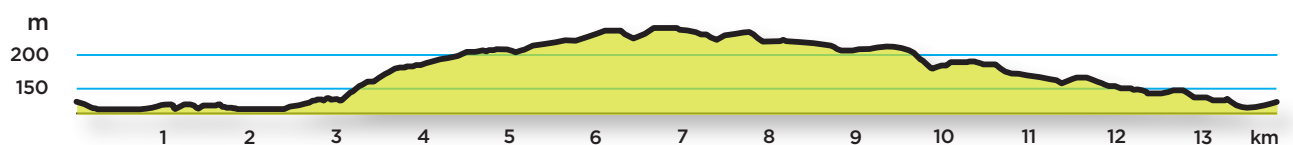
**Grade:** Hard

**55% road/45% trail**

**Cafes:** Wetton, Wetton Mill, Hulme End, Hartington, Parsley Hay

**Pubs:** Milldale, Wetton, Hulme End, Hartington

**Shops:** Hartington

















Route Gradient

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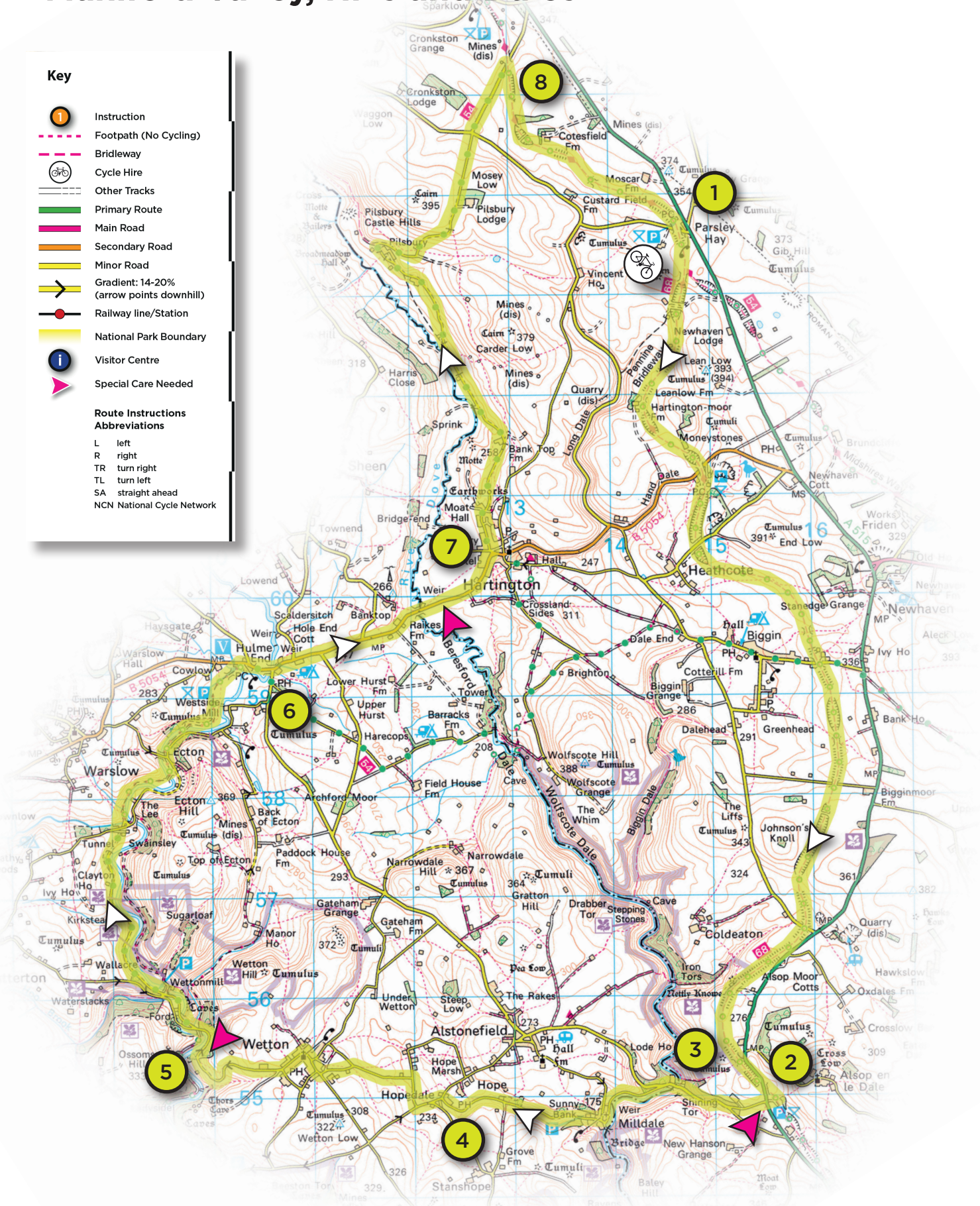
## Manifold Valley, Hills and Dales

### Key

-  Instruction
-  Footpath (No Cycling)
-  Bridleway
-  Cycle Hire
-  Other Tracks
-  Primary Route
-  Main Road
-  Secondary Road
-  Minor Road
-  Gradient: 14-20% (arrow points downhill)
-  Railway line/Station
-  National Park Boundary
-  Visitor Centre
-  Special Care Needed

### Route Instructions Abbreviations

- L left
- R right
- TR turn right
- TL turn left
- SA straight ahead
- NCN National Cycle Network



### Disclaimer:

All routes are followed at a rider's own risk. These routes are intended to be general guides: please observe all road signs, waymarks and other specific on-route instructions. Neither the PDNPA nor partners can be held responsible for any errors or consequences that arise from using this route information.

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