

## The Carsington Loop

Discover a tranquil landscape shaped by water

1. With the visitor centre behind you, TL onto the Carsington Water Circular Route (CWCR) cycle track. Cross the sailing club access. Follow blue arrows over the dam wall to the edge of Millfields car park.
2. Fork slight L. Cross an inlet, round a small bay and pass a small building then TR and rise up a track past Riddings Farm to a T-jct.
3. TR. Descend to a T-jct with Blackwall Lane and TL up a narrow "sunken lane". Sharp left into Kirk Ireton.
4. TR towards Idridgehay opposite Barley Mow PH and descend through the village. Fork L by church onto Church Corner and bend sharp L. TL onto Topshill Lane and rise uphill. Bend L towards Kirk Ireton then cross over jct onto Blind Lane.
5. TR onto Oldfield Lane and descend to rejoin CWCR following blue cycle arrows again. TR just before the gate at the edge of the reservoir. Bend sharp L near the road, then cross with care.
6. TL onto the road in Hopton, then TR at a minor junction and go steeply uphill.
7. Cross over a road, then immediately TR to access the High Peak Trail. TL rising up the incline. Pass Harboro Rocks then fork R to Longcliffe.
8. Head L along a track veering L of the road. TL and descend to Brassington.
9. TR towards Bradbourne. TR opposite the Miners Arms PH and follow the road to Bradbourne. TL towards Carsington on Brackendale Lane.
10. At the T-jct go SA over the B5035 onto a cycle track.
11. Cross the road by the campsite entrance and descend a farm/cycle track back to the Carsington Water access road. TL back to the start.

**Start/End Point:** Bottom of Access Road to Carsington Water Visitor Centre DE6 1ST

**Distance:** 27km/17miles

**Ascent:** 575m/1886ft

**Grade:** Moderate

**57% road/43% trail**

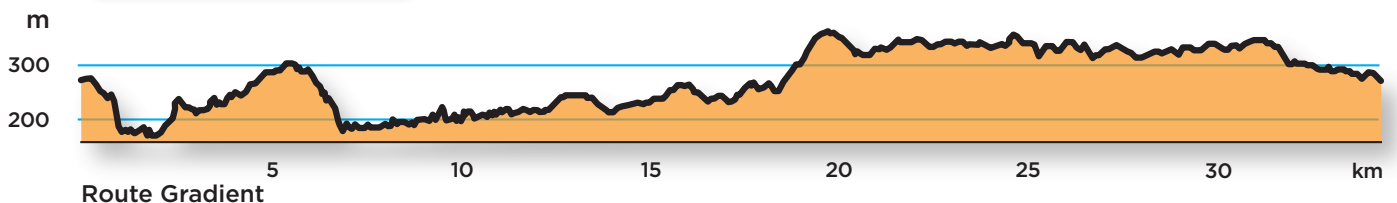
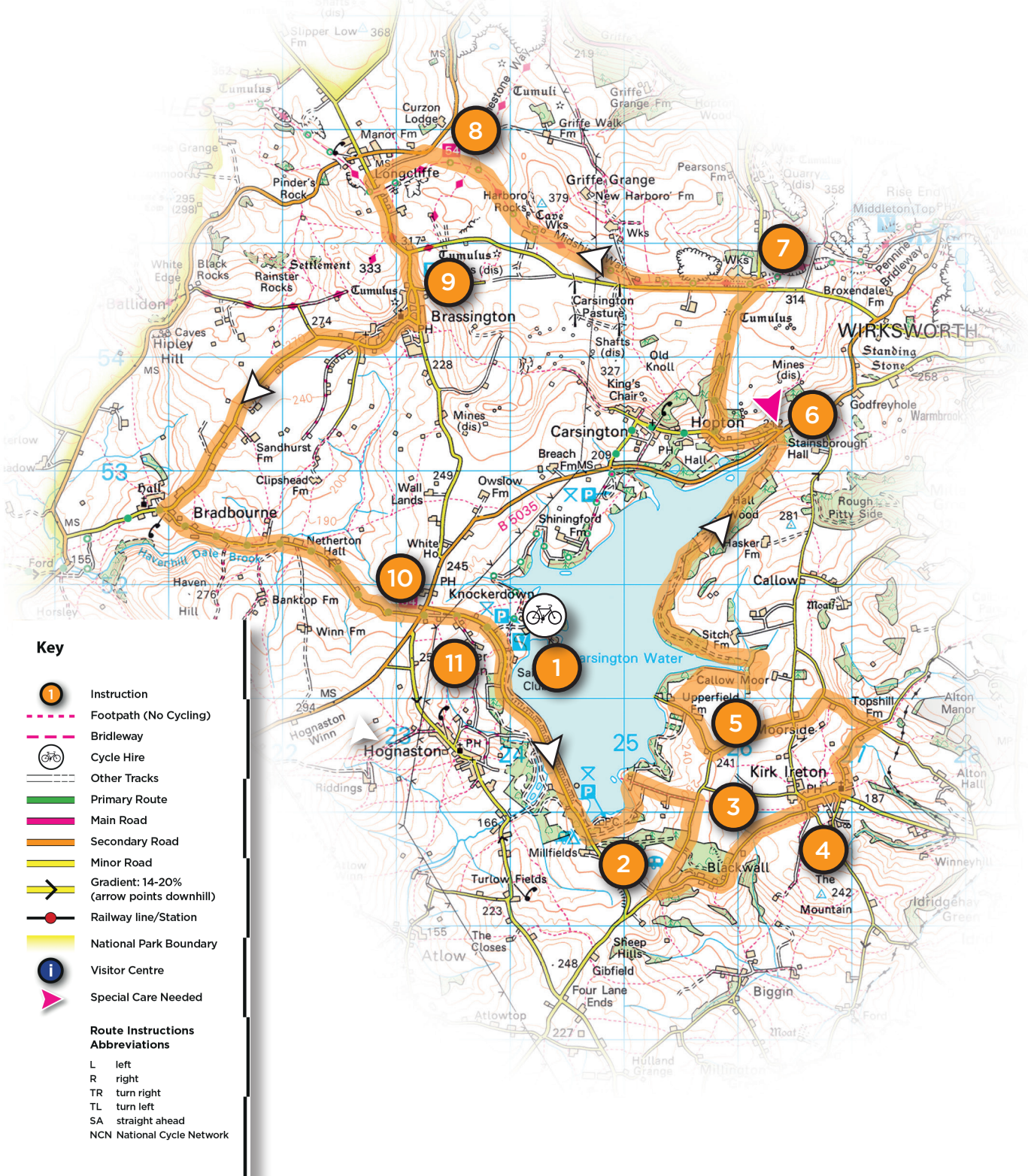
**Cafes:** Carsington Water

**Pubs:** Carsington, Hognaston, Kirk Ireton, Brassington, Knockerdown

**Shops:** Carsington Water



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**Disclaimer:**

All routes are followed at a rider's own risk. These routes are intended to be general guides: please observe all road signs, waymarks and other specific on-route instructions. Neither the PDNPA nor partners can be held responsible for any errors or consequences that arise from using this route information.

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