

Cycling Around Ashbourne

ROUTE 1



Tissington Trail Loop

Cycle a scenic route to one of Derbyshire's prettiest villages



1. TR out of Tissington Trail car park. Cross humpback bridge over Bentley Brook and go past Callow Hall. Beware of a slight blind summit on the way to Mapleton village.
2. Pass the Okeover Arms PH and continue SA towards Thorpe. Beware of buses on narrow sections, and a steep rise uphill to a T-jct. TL towards Thorpe and pass a Peak District National Park boundary millstone.
3. Immediately opposite The Old Dog PH, TR towards Tissington (beware of traffic approaching from ahead round the bend) and past Narlow's Lane car park. Bend sharp L on the road, which is quite rough in places.
4. Cross a steep-sided valley. Take care crossing over A515 and through the gateway to Tissington Estate. Follow this unfenced treelined avenue. Cross a cattle grid, pass the duck pond and bend R then TR to access the Tissington Trail (beware the drainage ditch at car park entrance).
5. TR onto Tissington Trail and follow to Ashbourne.



Start/End Point: Ashbourne Cycle Hire Centre car park (on Tissington Trail) DE6 2AA

Distance: 14km/9miles

Ascent: 220m/721ft

Grade: Easy

45% road / 55% trail

Cafes: Ashbourne and Tissington

Pubs: Ashbourne, Thorpe and Mapleton

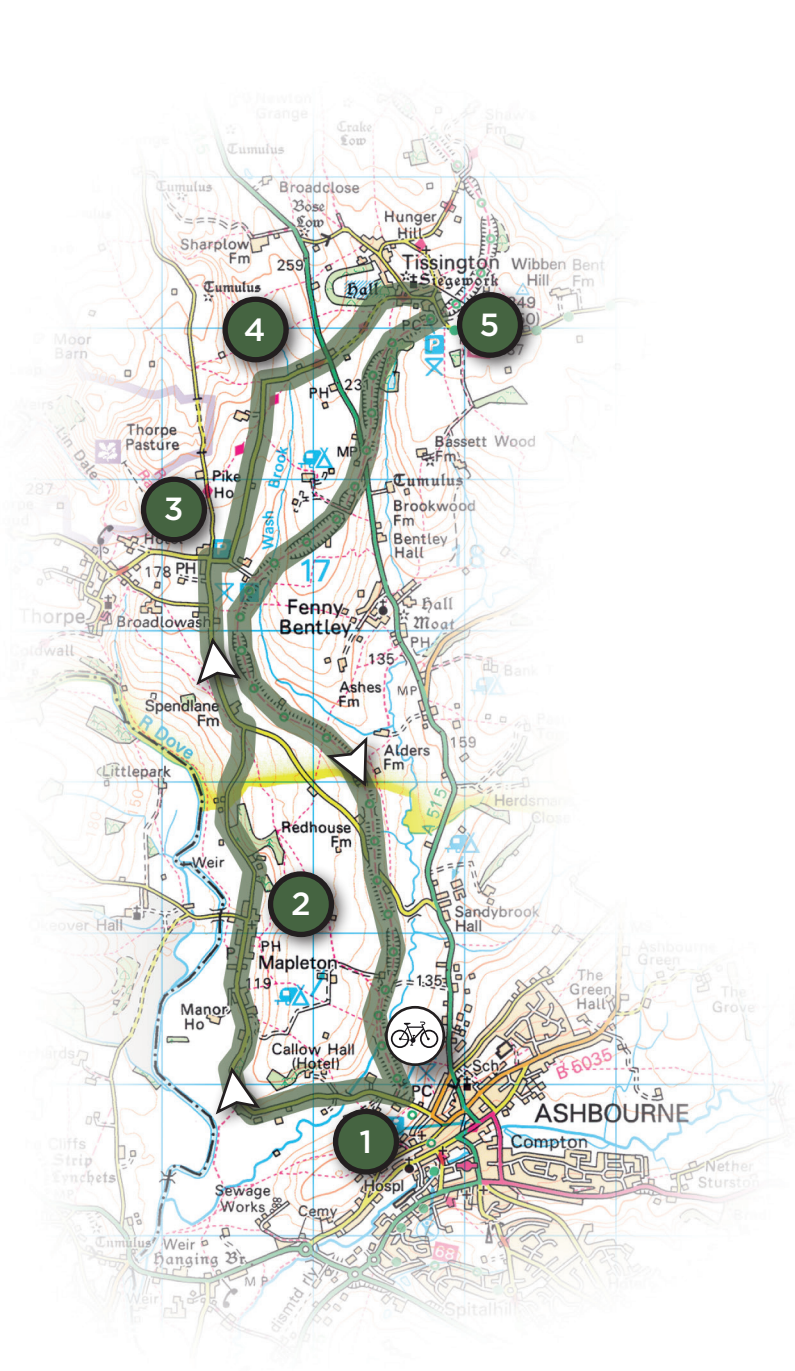
Shops: Ashbourne

















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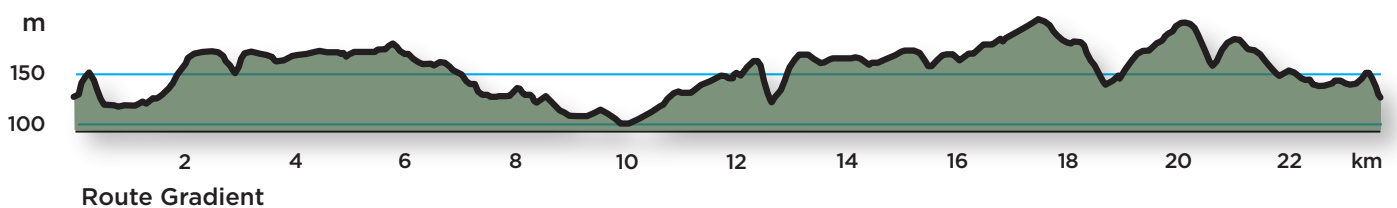


Key

-  Instruction
-  Footpath (No Cycling)
-  Bridleway
-  Cycle Hire
-  Other Tracks
-  Primary Route
-  Main Road
-  Secondary Road
-  Minor Road
-  Gradient: 14-20% (arrow points downhill)
-  Railway line/Station
-  National Park Boundary
-  Visitor Centre
-  Special Care Needed

Route Instructions Abbreviations

- L left
- R right
- TR turn right
- TL turn left
- SA straight ahead
- NCN National Cycle Network



Disclaimer:

All routes are followed at a rider's own risk. These routes are intended to be general guides: please observe all road signs, waymarks and other specific on-route instructions. Neither the PDNPA nor partners can be held responsible for any errors or consequences that arise from using this route information.
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