



## The Carsington Loop

### A delightful loop of the reservoir



1. With the visitor centre behind you, TL onto the Carsington Water Circular Route (CWCR) cycle track at the base of the access road. Cross the sailing club access road and follow blue CWCR arrows over the dam wall to the edge of Millfields car park.
2. Fork slight L. Cross an inlet, round a small bay and pass a small building. A few “steep slopes” and “sharp bends” follow – watch out for a gate at the end of the third.
3. TL onto a short track. TR just before a gate at the edge of the reservoir. Follow the CWCR round an inlet and over lovely open pasture – look out for the armchair!
4. As the track nears the road, bend sharp L (don’t cross the road just yet), then cross with care at the “Historic Link” access track point. Rise up to Hopton village.
5. TL along the road and cycle past Hopton Hall to Carsington village.
6. TR onto a lane opposite the Miners Standard PH. Fork L to a village road running below the pub. Opposite the pub, TR onto a lane.
7. Rise up to Wash Farm, TL onto a cycle track and descend to re-cross the B5035.
8. TR onto the CWCR track, bend L and past Sheepwash car park, and follow the track back to the visitor centre.



**Start/End Point:** Carsington Water visitor centre DE6 1ST

**Distance:** 12km/7.5miles

**Ascent:** 205m/673ft

**Grade:** Easy

**91% Trail/9% road**

**Cafes:** Carsington Water

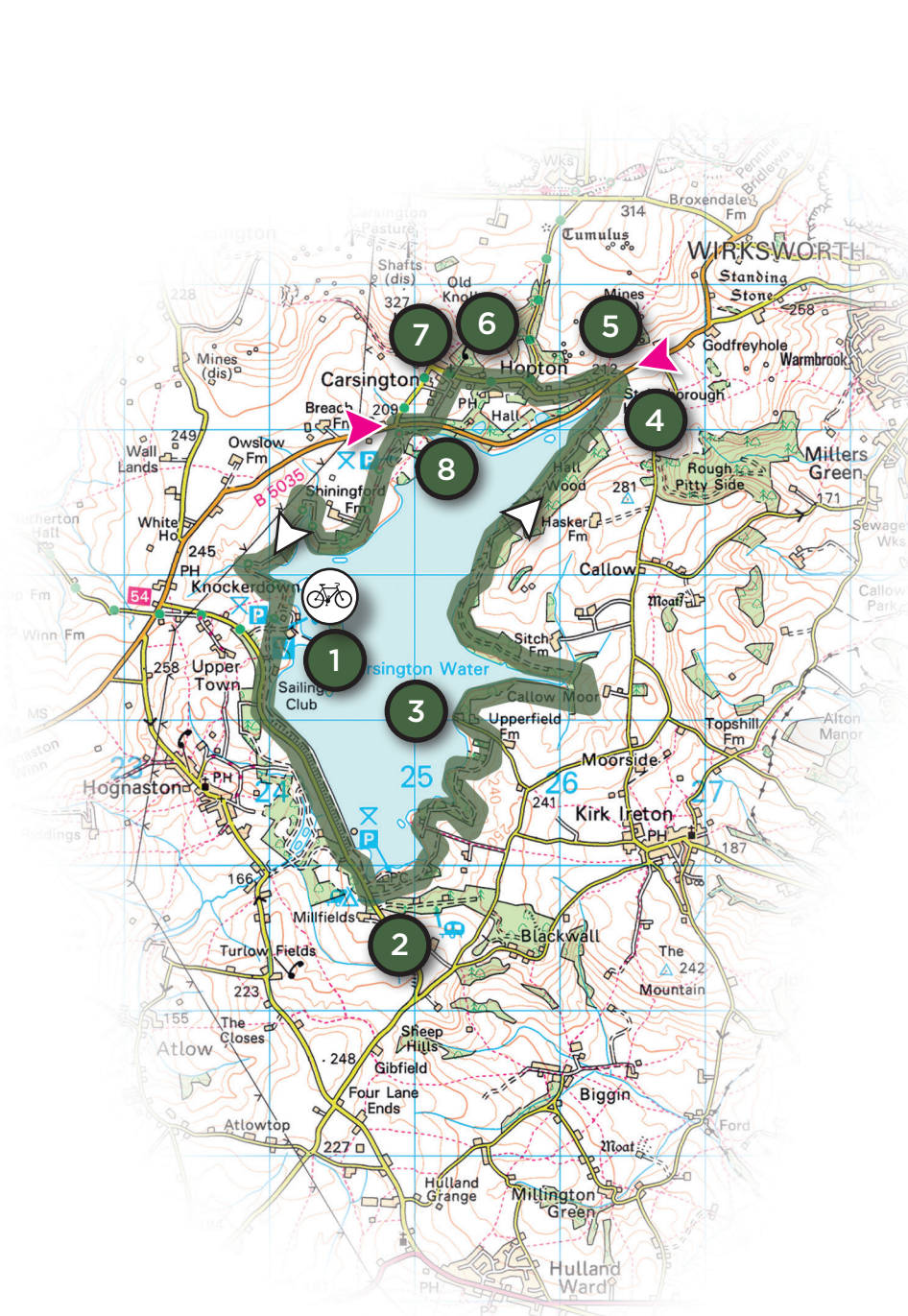
**Pubs:** Carsington, Knockerdown

**Shops:** Carsington

# Cycling Around Matlock

# ROUTE 1

## The Carsington Loop



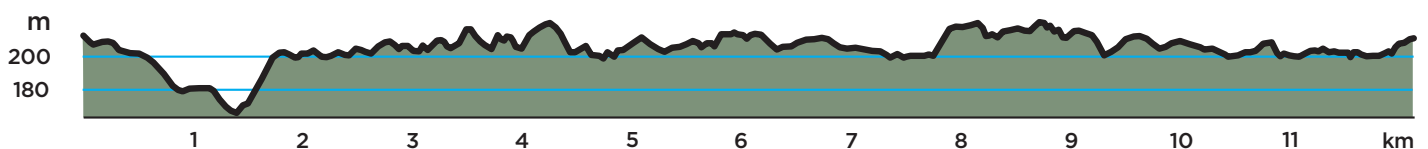
### Key

- Instruction
- Footpath (No Cycling)
- Bridleway
- Cycle Hire
- Other Tracks
- Primary Route
- Main Road
- Secondary Road
- Minor Road
- Gradient: 14-20% (arrow points downhill)
- Railway line/Station
- National Park Boundary
- Visitor Centre
- Special Care Needed

### Route Instructions Abbreviations

- L left
- R right
- TR turn right
- TL turn left
- SA straight ahead
- NCN National Cycle Network

### Route Gradient



### Disclaimer:

All routes are followed at a rider's own risk. These routes are intended to be general guides: please observe all road signs, waymarks and other specific on-route instructions. Neither the PDNPA nor partners can be held responsible for any errors or consequences that arise from using this route information.

OS Map Data: © Crown copyright and database rights 2018 Ordnance Survey 0100022750. Route correct 03/2019. Designed by Baile and Taylor: 07534 109292