



Stanton Moor circular

Testing climbs and superb views over the Wye Valley



1. With the station on your left follow the cycle way signs (NCN 680) for 8km/5 miles to Rowsley car park.
2. L out of car park then L onto A6. Cross River Derwent then TL towards Stanton in Peak.
3. After crossing the river follow the road as it bends sharply to the R and climb steeply. Continue SA over a minor crossroads towards Stanton in Peak.
4. TL at the T-jct in Stanton in Peak near the church. Bear R towards Birchover. Stay on this road and descend steeply on a narrowing road to Birchover.
5. TL into Uppertown Road.
6. Continue SA, descending a very steep, tree-lined "sunken road" and pass the access to Whiteholmes Farm. TL out of Birchover Lane.
7. This narrows and bends sharp L into Winster. Immediately on the sharp L bend, TR onto West Bank. TL onto a busy road (B5056) opposite the Miners Standard PH.
8. TL onto Bonsall Lane. Descend (steeply) through Brightgate, then TL (easily missed).
9. Descend (increasingly steeply on this very narrow holloway – take care) down to the edge of Matlock. As the road bends sharp L, TR onto Salters Lane and ride between bollards. This descends steeply down to the traffic-light controlled junction outside the railway station. TL back to start.

Start/End Point: Matlock railway station

Distance: 22.5km/14miles

Ascent: 480m/1575ft

Grade: Hard

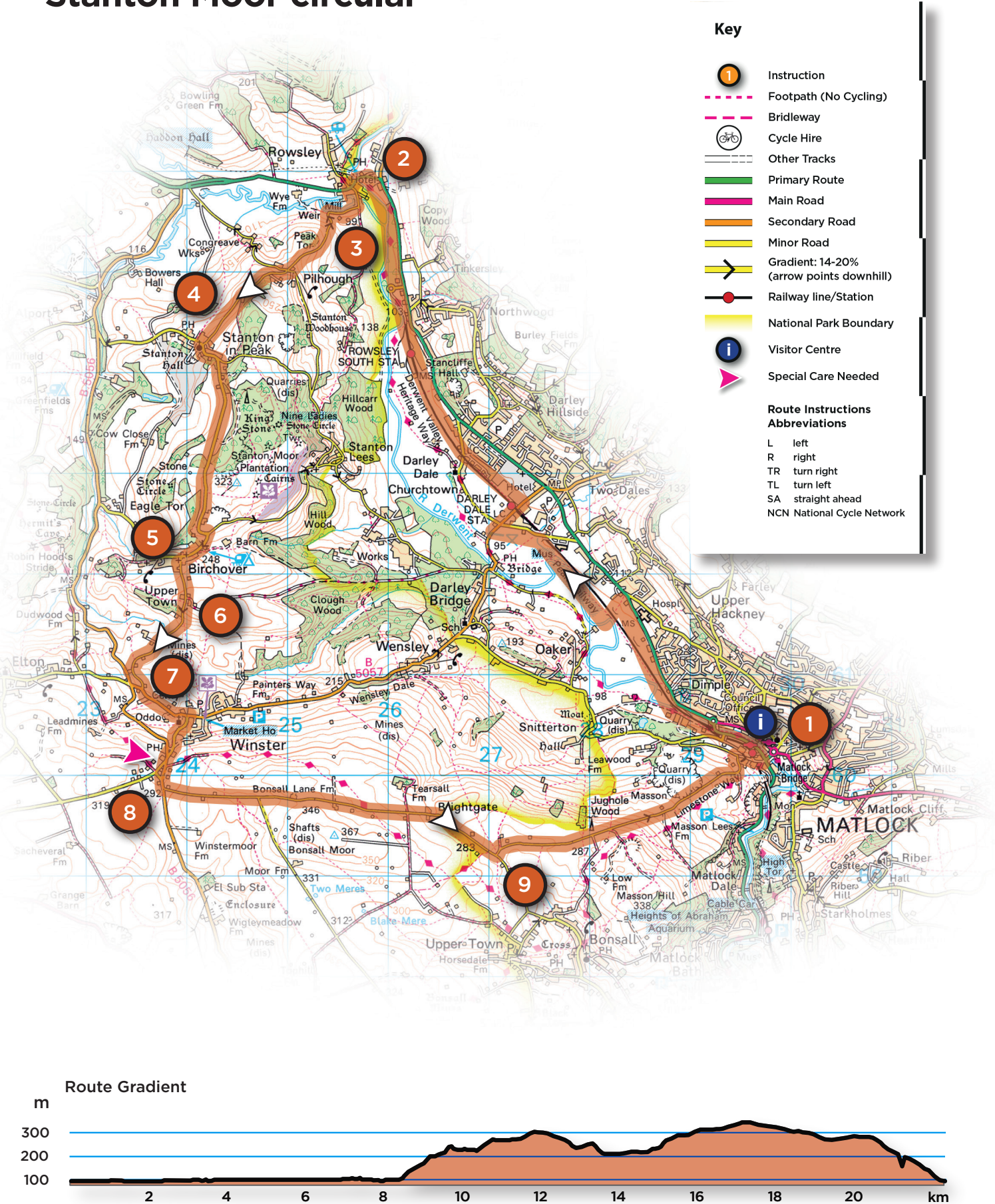
100% road

Cafes: Matlock, Darley Dale, Whitworth Park, Rowsley

Pubs: Matlock, Darley Dale, Churchtown, Rowsley, Stanton in Peak, Birchover, Winster

Shops: Matlock, Darley Dale, Rowsley, Winster

Stanton Moor circular



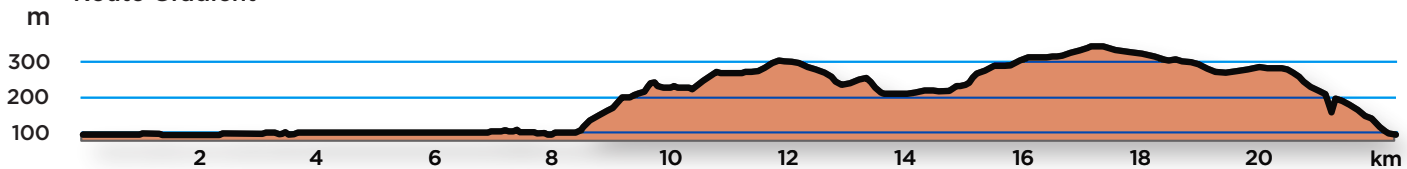
Key

- 1 Instruction
- Footpath (No Cycling)
- Bridleway
- 🚲 Cycle Hire
- Other Tracks
- Primary Route
- Main Road
- Secondary Road
- Minor Road
- Gradient: 14-20% (arrow points downhill)
- Railway line/Station
- National Park Boundary
- i Visitor Centre
- ▶ Special Care Needed

Route Instructions Abbreviations

- L left
- R right
- TR turn right
- TL turn left
- SA straight ahead
- NCN National Cycle Network

Route Gradient



Disclaimer:
 All routes are followed at a rider's own risk. These routes are intended to be general guides: please observe all road signs, waymarks and other specific on-route instructions. Neither the PDNPA nor partners can be held responsible for any errors or consequences that arise from using this route information.
 OS Map Data: © Crown copyright and database rights 2018 Ordnance Survey 0100022750. Route correct 03/2019. Designed by Baile and Taylor: 07534 109292