Cycling Around Matlock

ROUTE 4





Cycle a former railway line along the river valley

- 1. With the station on your left, follow the on pavement cycle way (NCN 680). Cross the access road to the car park and use the crossing at Cawdor Way.
- 2. Follow the cycleway L at the roundabout. Past ARC leisure centre TL onto an access track following NCN 680 signs.
- 3. Cross the railway line to the far side and follow path. Exit through a gate and TL onto the road.
- 4. TR at the crossroads. Follow blue signs over level crossing then TL into Whitworth Park through gate. Follow blue 680/WPL signs through park. Bend L at the far end of a football pitch then sharp R as footpath joins from the L.
- 5. Cross Church Lane adjacent to the level crossing and continue on cycleway beside the railway.
- 6. Slow down near the Derwent Lane footpath access to the railway terminus which can be busy at peak railway times, then veer slightly R through a tree lined section below the road.
- 7. Cross Harrison Way (take care). Follow blue signs L then along the track running parallel to the recycling centre. Pass a wooded wetland area, cross boardwalk and a small industrial works to reach Rowsley car park.
- 8. To return to Matlock follow the route in reverse.



Start/End Point: Matlock railway station

Distance: 8km/5 miles **Ascent:** 55m/180ft

Grade: Easy

94% Trail/6% road

Cafes: Matlock, Darley Dale, Whitworth Park, Rowsley Pubs: at Matlock, Darley Dale, Churchtown, Rowsley

Shops at Matlock, Darley Dale, Rowsley







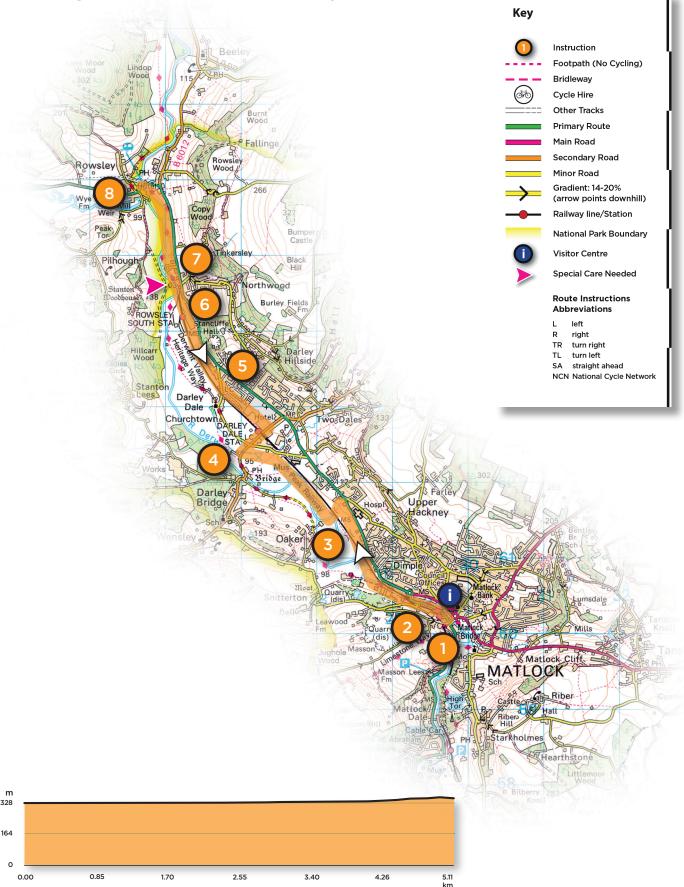




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ROUTE 4

Along the Derwent Valley



Disclaimer:

Route Gradient

All routes are followed at a rider's own risk. These routes are intended to be general guides: please observe all road signs, waymarks and other specific on-route instructions. Neither the PDNPA nor partners can be held responsible for any errors or consequences that arise from using this route information.

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