

Whaley Bridge Town Trail

Distance: 2.0 miles / 3.0 km (45 minutes)
 Going: Good, firm paths throughout.
 Pace: Easy walking, but in places not suitable for wheelchairs.

Take time to find out more about the history of the town and the surrounding area. See how Whaley Bridge's industry developed.

- The walk starts at the Whaley Bridge canal basin. The Peak Forest Canal was opened at the beginning of the nineteenth century. The Canal Transhipment Warehouse (a class 2* listed building) was built in 1832 across the end of the canal. Coal and limestone were exported through the basin, whilst cotton came into the mills. The Cromford and High Peak Railway (C&HP) connected with the canal, entering the building at both sides of the canal. Commercial traffic ceased in the 1920's.
- From the canal basin follow the road past the town centre car park. The DIY buildings were formerly stabling for railway horses. The houses across the river occupy the former site of Goyt Mill. Crossing the River Goyt by the old railway bridge, continue up the incline. This was the first of many inclines on the C&HP Railway. It was too steep for locomotives and so wagons were hauled up by horses turning a capstan. Two of the guides for the haulage chains can be seen at the top of the incline.
- It is worth a short diversion on reaching Old Road – the site of a former level crossing – to view the building at the bottom of Bings Road (left and left again). This was a ventilation shaft for the Waterloo Pit, one of Whaley Bridge's many coalmines. Mining started in Whaley in the 16th century but ceased before World War 2. Returning to Old Road, you now continue to follow the path of the C&HP Railway along Caldene Terrace towards a small industrial estate. At the end of the houses turn right and descend to Buxton Road. Turn left under the railway bridge and follow the main road past the Cock Inn. A few metres beyond the Inn and before the houses, turn left onto a narrow path. This crosses a small feeder channel from Combs Reservoir to the canal.
- Continue the short climb until you rejoin the old railway track bed. The path follows the railway, passing through a short tunnel under Chapel Road towards a small industrial estate, the Cromford Court Sheltered Accommodation and the Shallcross Incline. (A separate leaflet guiding you on the 'Shallcross Trail' can be picked up at the town car park). Various remains of the railway can be seen along this stretch.
- Immediately after going through the tunnel turn right climbing the steps onto Chapel Road. Turn left and descend to the crossroads. Cross Buxton Road at the traffic lights into Macclesfield Road (B5470). After crossing over the Goyt, turn right into Goyt Road and continue into Memorial Park. In the park take the wide path to the left, passing the War Memorial, and then the next path to the left up the path to Toddbrook Dam. (To avoid this short climb and stiles continue through the park passing the children's playground).
- Crossing the dam gives good views of the surrounding hills and over Whaley Bridge. This reservoir is a feeder for the canal (the highest in England). Turn right after continuing across the dam onto Reservoir Road. In a few metres turn left through a small metal gate to Brookfield Pond. This former millpond for Bingswood works is now a nature reserve. Returning to the entrance and rejoining the road, turn left, descending the hill.
- On the right is another entrance to the park, where those not going over the dam will emerge.
- About 80m before the railway bridge [opposite house no 9] turn right through a gap in the hedge and descend steps. Pass under the railway bridge. The small courtyard on the left used to be a bakehouse. Turn left into Market Street, pass the Mechanics Institute and return to the canal basin.

Note: The Town Trail is numbered on the map overleaf

Memorial Park Walks

Take a gentle stroll around Whaley Bridge's Memorial Park

The Memorial Park was opened in 1920 to remember the brave men of Whaley Bridge who lost their lives in the World War I.



Park Walk 01

Distance: 0.75 mile / 1.25 km

Going: Firm paths

Pace: Gentle Park walking

Route 1 This takes in all the lower footpaths (wheelchair friendly), with small inclines.

Park Walk 02

Distance: 1 mile / 1.7 km

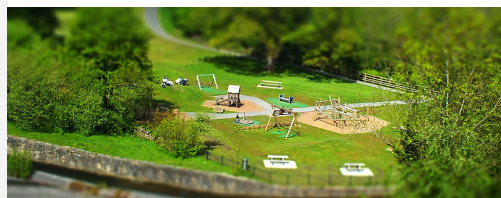
Going: Firm paths

Pace: Park walk with steep inclines

Route 2 This walk has steep inclines 1.75 km.

Memorial Park was awarded the prestigious Green Flag in 2015, 2016 and 2017 an award which recognises the best green spaces.

More information at www.whaleypark.co.uk



The benefits of walking

Walking is now seen as the best way to exercise and get fit. It is free, anyone can participate, and you do not need special clothing or footwear.

Just 20-30 minutes of walking a day can:

- Increase your fitness and stamina
 - Reduce blood pressure
 - Reduce the risk of heart disease and stroke
 - Reduce the risk of type 2 diabetes and osteoporosis
 - Help reduce stress
 - Help you lose or maintain weight
- Above all it makes you feel great

Whaley Bridge Walk

Distance: 6.0 miles / 9.7 km (3 hours 20 minutes)
 Going: Firm paths and cross-field paths.
 Pace: Gentle walking, many stiles, three uphill sections.

Discover the beauty of Whaley Bridge's scenery and the heritage of its Industrial past.

- From the Station Car Park, turn right, passing under the Railway Bridge. Continue up Reservoir Road, taking a left turn into Memorial Park. Cross over Todd Brook below the dam and take the lower path until the next bridge. Cross the River Goyt into Wheatheaf Road and turn right onto the main road.
- Immediately before the bridge over Randall Carr Brook cross the main road and take the track of the former Cromford and High Peak Railway. Turn right onto the track bed and follow the path under Chapel Road, past Cromford Court to Shallcross Incline.

This was an important industrial estate served by the railway. The railway continued uphill via the Shallcross incline, to the east of the scout hut.

- Follow the incline to Shallcross Road, turn left to reach Elnor Lane. Cross the road and take the track past Shallcross Nursery. Follow this path over the next three stiles, fork left and descend to the rear of Cadster House, where a left turn leads down below the railway to join Chapel Road.
- Cross the main road, turn left and continue to a signposted track. Follow the track passing Ivy Bank Farm. Proceed down Eccles Road, taking the first right by Park House. The path then runs from Horwich Fold through open fields with good stiles, passing the cricket pitch to emerge on the New Horwich track.
- A left turn onto the rough path takes you to a signposted path to the right. This skirts Throstledale, keeping close to the Roosdyche.

Originally thought to be of Roman origin, the Roosdyche is in fact the bed of the glacial meltway, 13m wide and 8m deep. The path provides exceptional views across Whaley Bridge.

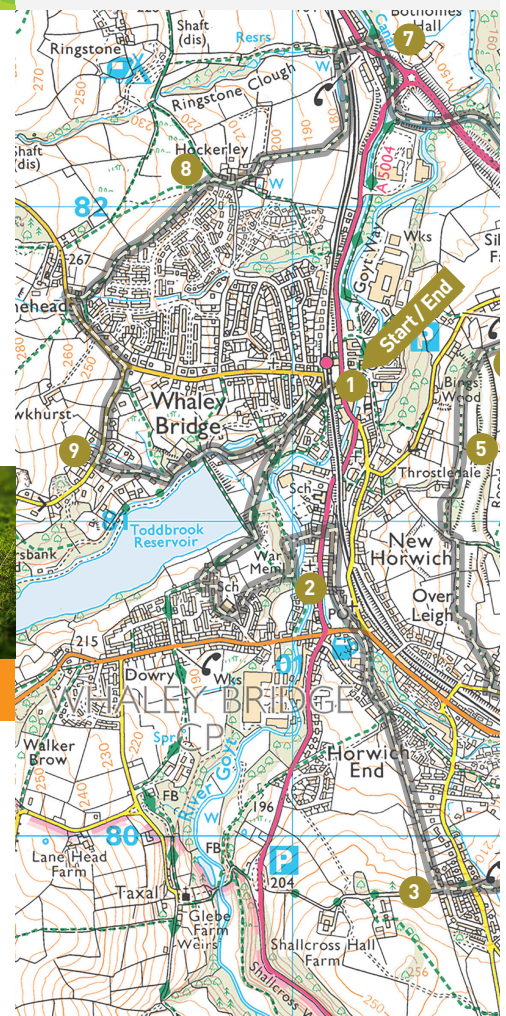


Photo: Henry O'Malley